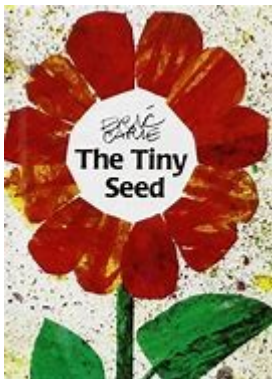


Dandelions



They can be the bane of a gardener's life but, love them or hate them, dandelions are a pretty amazing plant. They seem to be able to grow anywhere. Those wonderful seed clock heads can be carried on a windy day up to a 1km away. The Tiny Seed By Eric Carle (The Very Hungry Caterpillar) tells the story of a seed's journey .

Click on the flower to watch

Craft ideas

Make some delicious Dandelion jam or dandelion syrup

<https://thriftysustainability.net/make-dandelion-jam/>

Create a jar of wishes– collect some dandelion seed heads and put them in a jar. Take one seed out everyday and make a wish!



Paint with dandelions – get a rock or rolling pin and bash the dandelion heads onto a clean piece of paper. The dye from the flower will stain the paper. It's as simple as that!

For more ideas check out this website.

<https://www.thecrazyoutdoormama.com/7-fun-dandelion-crafts/>



Dandelion Facts

The name “dandelion” comes from the French “dent de lion” meaning lion's tooth, which refers to the serrated leaves.

The dandelion flower opens to greet the morning and closes in the evening to go to sleep.

Animals such as birds, insects and butterflies consume nectar or seed of dandelions.

Dandelion seeds are often taken away by a gust of wind and they travel like tiny parachutes.

Every part of the dandelion is useful: root, leaves and flower.

Dandelions are high in calcium, iron, and vitamins A and C. Leaves can be added to a salad or cooked. Flowers can be made into juice, or added into many recipes. The root can be made into a coffee substitute. The root and leaves can be dried, stored and made into tea.

